Cysylltu Bywydau Gorllewin Morgannwg
West Glamorgan Shared Lives

Professionals guide to Shared Lives.

Our lives get better when they're shared.

Cyngor Castell-nedd Port Talbot
Neath Port Talbot Council

Cyngor Abertawe
Swansea Council

Have you considered West Glamorgan Shared Lives support?

Are you supporting someone in Neath Port Talbot or Swansea who:

- Would thrive in a family or living alongside someone else for support
- Needs support to build independent living skills
- Doesn't easily fit into other services

If so, then West Glamorgan Shared Lives support could offer a life changing opportunity.

Shared lives offers person-centred, quality care and support where a Shared Lives carer shares their life, home and interests with someone who draws on social care.

West Glamorgan Shared Lives carers are supported by Neath Port Talbot Council and Swansea Council's Shared Lives service.

People who visit or live with a Shared Lives carer include:

- Young adults transitioning from foster care
- Individuals recovering after a hospital stay
- Those experiencing mental ill health
- People with physical or learning impairments
- Neurodiverse individuals
- Older adults
- People living with dementia
- Parents needing support to live with their baby/child

People may visit or live with a Shared Lives carer for the day, night, a few days, weeks or many years. There are several types of arrangement:

- Long term accommodation with care and support – in the carer's home, in an ordinary home setting
- Respite care and support – with the option to return to the same family for regular respite
- Emergency care and support – accommodation and support at short notice due to family crisis/illness
- Sessional support – during the day, evenings or weekends, support may be in the carers own home if desired

What do people enjoy about Shared Lives?

- Sharing a home and family life enables the supported person to develop quality, lasting relationships
- People find and regain independence and confidence as Shared Lives carers provide an assessed environment for people to feel safe in, as part of an ordinary family setting
- The person can be fully involved with their local community and activities
- The person receives consistent and continuous, one-to-one support

Who are Shared Lives carers?

West Glamorgan Shared Lives carers come from all backgrounds throughout Neath Port Talbot and Swansea.

We seek out and welcome people who are committed, understanding, compassionate and have a genuine and heartfelt desire to enrich another person's life. To our carers, this is so much more than a job, it's a passion to do something amazing and to make a real difference.

Some of our carers offer traditional family settings, some are single and offer more of a supported house-mate situation. All are trained to support people in an enabling way to promote the person's independence.

Key facts:

- West Glamorgan Shared Lives can provide daytime, overnight and short break respite/care and long-term care and support
- West Glamorgan Shared Lives is a regulated service, and the concept is consistently rated the best quality and safest social care service
- All West Glamorgan Shared Lives carers are vetted, supported and monitored by our team of Shared Lives support workers

How to make a referral

Contact us to discuss the service we offer and to get a copy of our Professionals Referral Guide for your area.

01639 686123

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www.westglamorgansharedlives.co.uk

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